

CONVERSION CHART

Butter/Margarine	Olive Oil
One Teaspoon	$\frac{3}{4}$ Teaspoon
One Tablespoon	Two $\frac{1}{4}$ Teaspoons
$\frac{1}{4}$ Cup	Three Tablespoons
$\frac{1}{3}$ Cup	$\frac{1}{4}$ Cup
$\frac{1}{2}$ Cup	$\frac{1}{4}$ Cup + Two Tbsp.
$\frac{2}{3}$ Cup	$\frac{1}{2}$ Cup
$\frac{3}{4}$ Cup	$\frac{1}{2}$ Cup + One Tbsp.
One Cup	$\frac{3}{4}$ Cup